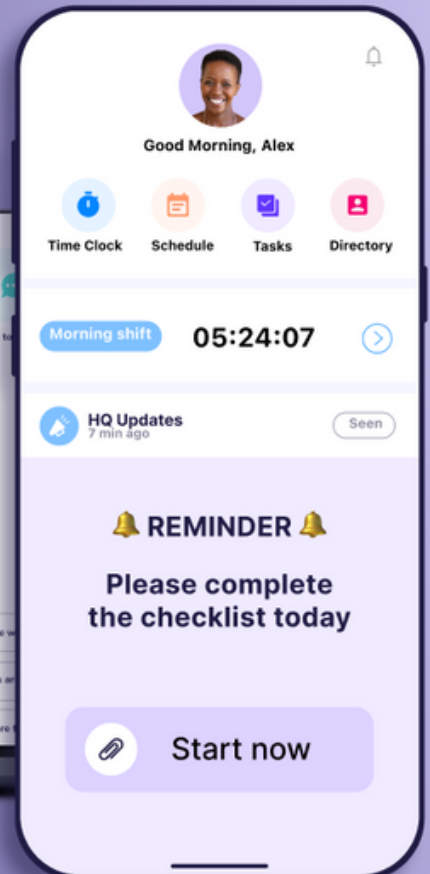


# Manual Handling Risk Assessment Template

Use our manual handling risk assessment template as a starting point to customize yours to fit your business.



The Manual Handling Risk Assessment Template is a practical tool designed to enhance safety in the workplace.

Tailored for professionals across industries, it systematically identifies and evaluates risks associated with manual tasks.

Easy to adapt and use, this template helps in thoroughly assessing each task, ensuring that safety measures are effectively implemented.

## Manual Handling Risk Assessment Template

Date of Assessment: \_\_\_\_\_  
Assessment Conducted By: \_\_\_\_\_  
Location/Area of Task: \_\_\_\_\_  
Review Date: \_\_\_\_\_

### Task Details

Description of Manual Handling Task: \_\_\_\_\_  
Frequency of Task (e.g., hourly, daily): \_\_\_\_\_  
Duration of Task (per occurrence): \_\_\_\_\_

### Load Characteristics

Type of Load (e.g., box, equipment): \_\_\_\_\_  
Weight of Load: \_\_\_\_\_  
Dimensions of Load: \_\_\_\_\_  
Shape and Ease of Grasp: \_\_\_\_\_

### Environmental Conditions

Space Constraints: \_\_\_\_\_  
Flooring Conditions: \_\_\_\_\_  
Lighting and Visibility: \_\_\_\_\_  
Extreme Temperatures or Weather Conditions: \_\_\_\_\_

### Individual Capability

Physical Strength and Fitness of the Individual: \_\_\_\_\_  
Knowledge and Training in Manual Handling: \_\_\_\_\_  
Use of Personal Protective Equipment: \_\_\_\_\_  
Health Conditions or Disabilities Affecting Manual Handling:  
\_\_\_\_\_

## Risk Evaluation

Identified Risk Factors (e.g., awkward postures, repetitive movements): \_\_\_\_\_

Risk Level (Low / Medium / High): \_\_\_\_\_

## Control Measures

Current Control Measures in Place: \_\_\_\_\_

Additional Required Control Measures: \_\_\_\_\_

Action Plan for Implementation of Additional Measures:  
\_\_\_\_\_

Person Responsible for Implementation: \_\_\_\_\_

## Monitoring and Review

Monitoring Procedures: \_\_\_\_\_

Scheduled Review Date: \_\_\_\_\_

## Additional Comments

\_\_\_\_\_

## Signatures

- Assessor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_
  - Verifier's Signature (if applicable): \_\_\_\_\_ Date: \_\_\_\_\_
- \_\_\_\_\_

Implementing this Manual Handling Risk Assessment Template in your workplace significantly contributes to reducing the risk of handling-related injuries.

By providing a clear framework for regular risk evaluation and management, it not only ensures regulatory compliance but also fosters a proactive culture of safety, leading to a healthier, more productive work environment.

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