Patient Care Checklist
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Admission:

Upon Admission:
[ ] Greet the patient and introduce yourself.
[ ] Verify patient's identity and confirm medical history.
[ ] Explain the care process and address any patient concerns.

Assessment and Planning:
[ ] Conduct thorough physical and medical assessments.
[ ] Develop an individualized care plan based on patient needs.
[ ] Collaborate with the patient to set care goals and preferences.

Daily Care:

Hygiene and Comfort:
[ ] Assist with personal hygiene, grooming, and bathing.
[ ] Ensure the patient's comfort by providing clean linens and adjusting the environment.
[ ] Promote oral hygiene and skin integrity.

Mobility and Activity:
[ ] Assist with safe patient mobility and transfers.
[ ] Encourage regular movement and exercises as appropriate.
[ ] Implement fall prevention strategies.

Medication Management:

Medication Administration:
[ ] Administer medications as prescribed, following proper protocols.
[ ] Verify patient allergies and potential drug interactions.
[ ] Provide education on medication purpose, dosage, and side effects.

Monitoring and Documentation:
[ ] Regularly assess the patient's response to medications.
[ ] Document medication administration accurately and timely.
[ ] Communicate any adverse reactions or changes in condition.

This Patient Care Checklist was created by Connecteam - the easiest way to manage your employees in one place
Nutrition and Hydration:

Dietary Management:
[ ] Ensure the patient receives appropriate dietary choices based on medical needs.
[ ] Address dietary restrictions, allergies, and preferences.
[ ] Monitor and document food intake and hydration.

Communication and Emotional Support:

Patient Education:
[ ] Educate the patient about their diagnosis, treatment, and self-care.
[ ] Provide clear instructions for at-home care and follow-up.
[ ] Address questions and concerns with patience and empathy.

Emotional Support:
[ ] Provide emotional support and actively listen to the patient's concerns.
[ ] Offer reassurance and encourage open communication.
[ ] Collaborate with the patient's family or caregivers as needed.

Safety and Infection Control:

Infection Prevention:
[ ] Follow strict hand hygiene and infection control protocols.
[ ] Implement isolation precautions when necessary.
[ ] Educate the patient and visitors on infection prevention measures.

Patient Safety:
[ ] Ensure a safe patient environment by preventing falls and accidents.
[ ] Maintain a clutter-free patient area and clear pathways.
[ ] Assess patient risk factors and address safety concerns.

Discharge Planning:

Transition of Care:
[ ] Collaborate with the healthcare team to plan a safe discharge.
[ ] Provide written discharge instructions and medication details.
[ ] Schedule follow-up appointments and tests as needed.