

Patient Care Checklist



Patient Care Checklist:

Admission:

Upon Admission:

- Greet the patient and introduce yourself.
- Verify patient's identity and confirm medical history.
- Explain the care process and address any patient concerns.

Assessment and Planning:

- Conduct thorough physical and medical assessments.
- Develop an individualized care plan based on patient needs.
- Collaborate with the patient to set care goals and preferences.

Daily Care:

Hygiene and Comfort:

- Assist with personal hygiene, grooming, and bathing.
- Ensure the patient's comfort by providing clean linens and adjusting the environment.
- Promote oral hygiene and skin integrity.

Mobility and Activity:

- Assist with safe patient mobility and transfers.
- Encourage regular movement and exercises as appropriate.
- Implement fall prevention strategies.

Medication Management:

Medication Administration:

- Administer medications as prescribed, following proper protocols.
- Verify patient allergies and potential drug interactions.
- Provide education on medication purpose, dosage, and side effects.

Monitoring and Documentation:

- Regularly assess the patient's response to medications.
- Document medication administration accurately and timely.
- Communicate any adverse reactions or changes in condition.

Nutrition and Hydration:

Dietary Management:

- Ensure the patient receives appropriate dietary choices based on medical needs.
- Address dietary restrictions, allergies, and preferences.
- Monitor and document food intake and hydration.

Communication and Emotional Support:

Patient Education:

- Educate the patient about their diagnosis, treatment, and self-care.
- Provide clear instructions for at-home care and follow-up.
- Address questions and concerns with patience and empathy.

Emotional Support:

- Provide emotional support and actively listen to the patient's concerns.
- Offer reassurance and encourage open communication.
- Collaborate with the patient's family or caregivers as needed.

Safety and Infection Control:

Infection Prevention:

- Follow strict hand hygiene and infection control protocols.
- Implement isolation precautions when necessary.
- Educate the patient and visitors on infection prevention measures.

Patient Safety:

- Ensure a safe patient environment by preventing falls and accidents.
- Maintain a clutter-free patient area and clear pathways.
- Assess patient risk factors and address safety concerns.

Discharge Planning:

Transition of Care:

- Collaborate with the healthcare team to plan a safe discharge.
- Provide written discharge instructions and medication details.
- Schedule follow-up appointments and tests as needed.