Monthly Cleaning Checklist for Cleaning Businesses
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Living Room and Bedrooms:
☐ Dust all surfaces, including furniture, shelves, and baseboards.
☐ Vacuum and mop all floors and carpets.
☐ Clean and dust ceiling fans and light fixtures.
☐ Wipe down and disinfect commonly touched surfaces.
☐ Clean and polish mirrors and glass surfaces.

Kitchen:
☐ Clean and organize inside the refrigerator and freezer.
☐ Check expiration dates on food items.
☐ Clean the stove and oven thoroughly.

Bathrooms:
☐ Replace bathroom towels and mats with fresh ones.
☐ Check and refill bathroom supplies (soap, toilet paper, etc.).

General Tasks:
☐ Dust and wipe down baseboards throughout the space.
☐ Clean and dust air vents and air conditioning units.
☐ Check and replace HVAC filters.
☐ Inspect and clean windows and blinds.